

MINDS into MATTER – the "Book of Business"

Erasmus+ 2016-1-IS01-KA202-017090



Staff Book of Business

Castle Guest House (Na Zámku)

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1 COME AND MEET OUR BOB!

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2 WHAT IS OUR TARGET?

With the support of the experienced Mentors the best practices in the field of tourism and hospitality were developed. Training TURBOs, ie good and promising entrepreneurs aimed at finding the innovative ways for their further development and future improvement. We intended to improve knowledge, skills and competencies of the owners and the staff as well as the ways to increase profit of the business and sustainability in the fast growing area of rural tourism in Europe. The key goal has been sharing and multiplying the results with other businesses upgrading thus the level of provided services.

Mentors:

- PhDr. Eva Svobodová, Hotel School and College of Hospitality and Tourism Poděbrady
- Ing. Zuzana Hummelová, Hotel School and College of Hospitality and Tourism Poděbrady

Turbo:

- Miloš Novák, Guesthouse Na Zámku, Poděbrady

3 COME AND MEET OUR TURBO!

Miloš is the proud renter of the Castle Guest House in Poděbrady which has been located in the very heart of the town of Poděbrady in the truly historical building with rich history. The guest house can accommodate up to 26 clients, very often among them celebrities of the local festivals, namely poetry reading festival in May, Soundtrack (festival of film music) in August and theatre festival FEMAD in

September. So Miloš, the lover of good music and active amateur actor himself, contributes by his professional skills to the smooth logistics of the event and cultural tourism in Poděbrady.

4 WANT TO BE THE PART OF THE TEAM?

Cooks: If needed we may hire cooks, especially for weekend events.

We demand:

- Certified practical training,
- Health card,
- Interest in business,
- Creative access to the menu,
- Timekeeping and reliability,
- Helpfulness to clients' demands,
- Stress resistance,
- Ability to calculate quantities and prices,
- HACCP and hygiene rules knowledge.

Service: We may recruit the staff with the practical experience in business.

We demand:

- Practical knowledge of basic kinds of service,
- Knowledge of table service etiquette,
- Ability to work under stress,
- Keeping body and work hygiene,
- Timekeeping and reliability,
- Helpfulness to clients' demands.

Florist: We presume your interest in the business, reliability, creativity and responsiveness to the clients' needs and demands. Flower arrangements in the rooms and on the festive tables are expected.

Transport: Offer your service for potential transfer of our guests, mainly from and to the Prague airport.

Housekeeping: If needed we may recruit the staff for room, suites, and breakfast lounge cleaning.

5 WHEN MEETING CLIENTS:

- Greet and address the client by his/her name.
- Introduce yourself and mention your position in the guesthouse.
- Be polite, sincere and patient.
- Listen attentively to what the guests tells you.
- Offer the needed help.
- Inform the clients about potential changes.
- Treat the guest honestly, honest and fair attitude pays off in case of potential mistakes and imperfections, fair attitude means that you have nothing to hide and you are not afraid of feedback.
- Remember that the client is always right.
- Be kind and thank on any suitable occasion.

5.1 How to make a phone call with a client or calling is a science

- Introduce the guest house by its full name, say your name and the position.
- Smile, your smile may influence the tune of your voice and will sound sincere and friendly.
- Address the caller by his/her name, they will take it as the personal attention and care from you.
- Have a pad and a pencil ready for potential notes and messages.
- Check that you fulfilled all the demands of the caller to his/her satisfaction.
- Summarize all what was requested, especially times, dates and meeting points.
- When finishing wish a caller to have a nice day.
- Let the caller finish the phone call first, it sounds less abrupt.

6 WORK INSTRUCTIONS FOR THE KITCHEN AND BREAKFAST STAFF

- Come to working shift in a clean work uniform and good health, if you do not feel well, inform about your state of health Mr Miloš Novák.
- Before the shift adhere to the personal hygiene rules.
- Have your hair clean, keep your long hair bound.
- Put your personal things, jewellery and valuables, in an assigned place.
- During the shift wear closed anti-slippery shoes, without heels.
- Kitchen staff must have hair covered and must wear aprons.
- Before the work shift wash your hands properly by soap, especially among fingers, brush your nails and wash your forearm, splash the soap and dry your hands.
- During the work do not touch your nose, ears, nor hair as these are the most common infection resources.
- If you must go to the toilet, take your apron off, and after the toilet wash your hands properly by soap and warm water.
- Do not drink or eat over the dishes being prepared, if you need to have a snack, consume drinks and refreshment in the allocated room.

6.1 Breakfast Preparation

Come at 6.30 and check the actual number of guests for the whole day. Check the plastic bags in waste baskets in the kitchen and at the breakfast bar.

Breakfast is served from 7.30 till 10.00 or according to the client's demand. Before breakfast switch the coffeemaker on and fill the kettle with water. Prepare:

- Clean tablecloths for all working surfaces.
- Sufficient number of glasses, saucers, coffee and tea cups.
- Cutleries, tea and coffee spoons, napkins, plates, bowls, on each table the inventory will be the same.
- Cereals (+ spoons).
- Pastry baskets covered by a napkin.
- Fruit baskets.
- Sliced vegetables platters.

- Plates with butter.
- Bowls with jams and honey.
- Cheese platters.
- Ham and smoked products platters.
- Containers with scrambled eggs/boiled eggs/ sausages.
- Yoghurts.
- Saucers under the water jugs, lemon should be peeled, serve tea with 1/8 lemon + tea pot.



Figure 1 – Breakfast preparation, meal platters

6.2 Preparing coffee

Switch the coffeemaker on and prepare the coffee for the appointed number of the guests. Make fewer coffees than the number of guests (1 pot = 6 portions of ground coffee for 12 portions, with fewer guests coffee to be served in the individual pots), in case of groups coffee is served from thermo flasks.



Figure 2 – Breakfast preparation, coffee



Figure 3 – Breakfast preparation, fruit, juice

6.3 During breakfast

The staff:

- Checks and refills the buffet table:
 - refills the cheese, smoked products, vegetable, fruit platters,
 - check on warm items – eggs, sausages.
- Refills hot water for tea and coffee.
- Cleans used or not needed inventory.
- Adhere to cleanliness and order on buffet tables and guests tables.



Figure 4 – Breakfast Preparation, cereals

6.4 After breakfast

- After the consumption bring the used inventory into the kitchen and sort it out.
- Put the water jugs into the fridge for potential later use.
- If necessary, put the clean tablecloths on the table.
- Add new napkins.
- Prepare missing glasses, porcelain and cutleries.

6.5 After lunch

- Put the chairs on tables.
- Check and clear waste baskets.
- Put inventory in order.
- Count all inventory and report the potential missing items .
- Wash the cutlery in hot water.
- Settle the tables for dinners.
- Put down sold/issued products.
- Check the final state of finances.
- Check if the windows are closed.
- Clean and switch off the coffeemakers.
- Switch the dishwasher off.
- Check on milk and lemons in the fridge (if needed refill these).
- Lock the fridge and switch the lights off.

7 INSTRUCTIONS FOR THE HOUSEKEEPING STAFF



Figure 5 – Preparation of the rooms

7.1 Orders for preparation of the rooms/suites

- Air the room properly and leave the windows open.
- Change the bed linen: sheets, blankets, pillow covers.
- Check the mattress protective cover.
- Make the beds and put towels on them (1 hand towel, 1 bath towel per person).
- Hove the carpets.
- Wipe off dust from:
 - Wood panelling,
 - Wooden beams,
 - The furniture – shelves, tables, chairs,
 - On the central heating and under it,
 - Walls (dust, webs).
- Take waste out and sort it out into recycling containers.
- Check for cleanliness of the windows, frames, windowsills and doors.
- Wipe in the cabinets, wardrobes and night tables.
- Refill the mini bar.
- Sweep the floor, all the corners and the floor under the bed.

7.2 General cleaning of the bathroom

- Wash the basins, shower corner/bathtub.
- Polish all the walls and taps.
- Properly wash toilets in and out.
- Polish the mirror, shelves below and change the glasses on the shelf.
- Wash the tiles and the floor.
- Refill hygiene products (toilet paper, soap on the washbasin, packed soaps, shampoos and body lotions according to the number of the guests in the room).
- Change the feet mat in the bathroom.



Figure 6 – General cleaning of the bathroom



Figure 7 – Kitchenette in suites

7.3 Kitchenette (only in suites)

- Wash all the working surfaces, cabinets and drawers.
- Check on numbers and cleanliness of the dishes in cabinets.
- Wash the kitchen appliances, stove, oven, dishwasher, kettle.
- Wash the fridge inside and check the temperature for 5 Celsius grades.
- Refill clean teacloths and dish sponges.
- Clean the dining area, wipe the table, chairs, change the tablecloth.
- Take the waste out and sort it out into recycling containers.
- Sweep the floor.



Figure 8 – Kitchen



Figure 9 – Kettle

7.4 Instructions for cleaning the wellness

- Air properly and leave the windows open.
- Let the water out of the wooden bathtub.
- Switch the sauna off and air it.
- Wipe the armchairs and massage berth.
- Wash and disinfect the shower corner, sauna, wooden bathtub, washbasins, and taps.
- Change the linen, used towels and night gowns.
- Add clean linen into the cabinets and put clean towels and sheets on the relaxing armchairs.
- Check for cleanliness of the beams in the room.
- Sweep the floor.



Figure 10 – Wellness

7.5 How to prepare wellness

- One hour before the arrival of the guests switch the sauna on for 90 Celsius (fix the temperature according to the guests' wish).
- 20 minutes before guests' arrival:
 - Switch the lights on,
 - Switch the central heating on (grade 4),
 - Fill the wooden bathtub with water 37 Celsius grades.
- Minute before the guests' arrival:
 - Light the candles and aromatic essences.

Inform the guests' upon their arrival how to use sauna and check on the temperature. Show them the Sauna Rules, toilets, relaxing armchairs and linen they may use. Inform them how to use the bath in the wooden tub. Ask the guests if they need anything and wish them a pleasant stay in the wellness.



Erasmus+

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Figure 1 – Miloš Novák

4 WELCOME TO THE CASTLE GUESTHOUSE!

„If you really want to be successful and happy you must do what you like.“

This is the motto of the guest house managers. Their guest house is situated in the heart of the town of Poděbrady, namely at the central square on the campus of the Poděbrady Castle. It provides the accommodation for 26 persons in 7 double rooms, 2 suites and plus 8 extra beds. All the rooms are of a smaller size, as they are in a truly authentic castle building. Each room is en-suite room with a shower or a bathtub, and a minibar. Most of the rooms have the central square view and the guests will enjoy a bottle of the castle wine in the room.



Figure 2 – Bottle of the castle wine in the room

Two suites are suitable for longer stays, there is a fully equipped kitchenette with a dining table, a living room and a bedroom with king-size bed. The rooms and suites can be equipped with a complimentary crib.

As the castle building is historically listed and under special protection it does not provide barrier free entrance. Anyway, one of the suites is on the ground floor and enables a barrier free access for handicapped guests.



Figure 3 – Castle guest house interior

Buffet breakfast is served on the first floor in a stylish room with historical beamed ceiling. The capacity of this room is 40 persons and it is suitable for business negotiations, wedding parties, family reunions and other social events with tailor made catering.



Figure 4 – Dining room



Figure 5 – King George suite



Figure 6 – Bathroom

4.1 King George Guest House

More guests may be put up at the newly established King George Guest House, only 100m from the Castle and also at the central town square. Breakfast is served at the cafeteria on the ground floor and in the summer season guests may enjoy quiet breakfast in the inner patio. The rooms in this part of the guest house are accessed by the barrier-free lift.







4.2 What will you find in our guesthouse?

- Nearly authentic castle atmosphere.
- Stylish suites and rooms in the historical building of the Poděbrady Castle.
- Home cooking.
- Unforgettable celebrations and parties.
- Unique wellness.
- Mini astronomical observatory.

4.3 Our services

- Accommodation in suites, single or double en -suite rooms.
- Buffet style breakfasts.
- Catering tailor-made service in the historical castle building.
- Guarded parking.
- Spa procedure in our wellness or in the local spa houses.
- Flower arrangement in rooms or wedding suite.
- Laundry and ironing in 24 hours or express service in 4 hours.
- Family reunions, graduation or business parties.
- Taxi or other transport services.
- Teambuilding packages.
- Incentive packages.

5 CATERING SERVICES

As the part of the accommodation only breakfasts are provided. If agreed with a client catering services include:

- Coffee breaks,
- Dinners,
- Late dinners,
- Catering for celebrations, weddings, parties etc.

The menu is based on the client's wish. We are able to offer anything from:

- Meat – roast-beef, steaks, roast pork knees, roast poultry (ducks, chickens, geese).
- Salads – as a side dish, vegies based on the client's wish or the season of the year.
- Fish and seafood – salt-water and fresh-water fish, oysters, shrimps, prawns etc.

If the weather permits, the outdoor grill can be used for preparation of all kinds of meat and seafood. Breakfast can be also served here.

6 PRICE LIST

Single room	1.350 CZK / 52 Eur
Double room	1.760 CZK / 68 Eur
Three-bedded room	1.990 CZK / 77 Eur
King George suite	3.200 CZK / 125 Eur
Knight suite	2.200 CZK / 88 Eur

- The price includes VAT, breakfast, parking and wellness. The price does not include the spa fee 15 CZK per person and day (apart from the arrival day).
- We run the **loyalty programme** for regular guests and we offer **reduced prices for returners**. Long-term stays are sold for advantageous prices. Groups and excursions pay contractual prices, according to the season, occupancy and size of the group.
- When preparing the event the package is calculated, priced and offered to the client. When this is agreed by both sides, an agreed deposit will be paid.
- All the services can be paid in cash or by any card.

7 WE PROTECT THE ENVIRONMENT

Dear guests,

Following the world-wide „Green Programme“ in accommodation, we beg you to inform us that you need your towels to be changed by dropping these on the floor. We can help in this way to the nature and life on the Earth, as the needless washing burdens the environment by wasting the water and getting the chemicals, mainly phosphates into the water circulation.

Thank you. Your Castle Guest House Team

8 REFERENCES FROM THE GUESTS

- My stay in the Castle Guest House was flawless. The rooms are lovely and very stylish, the dining hall as well. Unforgettable is the wellness in the tower and an excellent masseur. The staff in the guest house as well as in a nearby café is above reproach.
- I stayed for one night on the road trip from UK. It was a little tricky finding the place, I didn't expect it to actually be inside the castle, but the owner was waiting for me and kindly showed me everything and recommended the best places to eat and drink. The room I had was comfortable and atmospheric, I was told the guest house used to be an old stable and smithy at one time. It had excellent WiFi and TV with fridge in the room stocked with all kinds of drinks, nuts and crisps. The shower room was spacious, clean and modern. Breakfast was simply excellent and included in the price - all in all amazing value for money. I would also say that I have never experienced such secure parking in my life, being situated within the castle keep with 24h security at the gate! I look forward to returning there one day soon.
- Lovely location at the castle. Rooms are small, clean, but no sound insulation between adjacent rooms. Bathroom very upgraded, small TV, small refrigerator. Nice breakfast was included. Location right next to the main square, museum, theater, river walks, restaurants, and beer spas. Very kind staff.

9 HISTORY OF PODĚBRADY

The history of Poděbrady goes back to the past, when the then wooded landscape with the rich net of rivers was cut by the business road leading from Prague into Eastern Bohemia and further to Silesia and Poland.

Close to the ford an old settlement started with a small guarding stronghold. It is probable that the location "pode brody" (bellow the ford) has been reflected in the name of the town – Poděbrady.

In the 2nd half of the 13th century Poděbrady was ruled the King Přemysl Otakar II., who is said to have been born close to Městec Králové when his mother the Queen Cunigund was on her way from Hradec Králové to Prague. He had in 1262–1268 built in a strategic place a castle protected by a moat. Poděbrady thus always stayed in the focus of interest of the Czech royalty. Poděbrady was also visited by the Kings Václav II. and Jan Lucemburský (John of Luxembourg).

The town flourished most under the rule of the Lords of Kunštát who took it over from the King Charles (Karel) IV. The six generations of this House expanded their property from 1345 to 1495. The most outstanding person of this House was George (Jiří) of Poděbrady who was in 1458 elected the Czech King. This excellent diplomat (sometimes aka the Hussite King) tried as the first of European politicians to found the union of European rulers.



The Poděbrady Castle

In mid-18th century Maria Theresa showed her interest in the Poděbrady castle. She had the castle reconstructed into the present shape (1752–57) and arranged it to the convenience of the Empress and her husband František Lotrinský and the royal court.

The Viennese banker Jiří Sina bought the Poděbrady manor in 1840. The banker's great granddaughter princess Chariclea née Ypsillanti settled here with her husband Arnošt Filip Hohenlohe of Schillingfürst. Friendship between the Prince and the businessmen Gerhart brothers initiated the glass industry in the region without any resources and glass tradition.



The Poděbrady Castle

The historical landmark in the history of the town was the year 1905 and the visit of the German landowner Carl von Bülow. This well-known dowser found at the castle courtyard the strong spring which was drilled into the depth of 96.7 m. The discovery of carbonic mineral water led to opening the first spa season in 1908. After the WWI the town quickly changed into a spa place specializing since 1926 in treatment of heart and vascular diseases.

9.1 Mineral springs in Poděbrady

Bülów Spring – discovered on August 1, 1905

Chariclea Spring – named after the wife of Prince Arnošt Filip of Hohenlohe – Schillingfürst, drilled in 1906 into 86.7 m

Hohenlohe Spring – aka „Castle Spring“ – named after the manor owner the Prince Arnošt Filip Hohenlohe in June 1907 into 91.8 m

Rieger Spring – drilled in 1911 into 87.2 m

Boček of Kunštát Spring (also Libenský spring) – at the Libenský promenade

Trnka Spring – close to the Poděbrady railway station

King George Spring – drilled in 1911

St. John Spring – drilled in 2011 into 110 m



Boček of Kunštát Spring (also Libenský spring)

9.2 Poděbrady is proud of celebrity visitors and citizens

who either were born here or spent in Poděbrady a significant part of their life.

- Josef Bergman – sculptor,
- Bohumil Bouček – founder of the Spa,
- Miloš Forman – film director, a graduate from the local boarding grammar school College of King George of Poděbrady,
- Václav Havel – the President of the Czech Republic, playwright (also a graduate from the boarding grammar school),
- Milan Havlíček – sculptor and the student of Bohuslav Schnirch,
- PhMr. Jan Hellich – founder of the local museum,
- Julie Kafková (née Löwy) – mother of Franz Kafka,
- Ludvík Kuba – ethnographer, writer, and painter,
- Marta Kubišová – popular pop singer,
- Prof. Dr. Václav Libenský – founder of Czech cardiology,
- František Lukeš – Catholic priest and writer, in 1990-1998 a Provost,
- Mašín brothers and Milan Paumer – known for their armed resistance against the communist regime in Czechoslovakia in 1951-1953,
- Alice Nellis – film director and script writer,
- Bohumil Říha – world renowned Czech writer,
- František Turinský – Revivalist poet and playwright,
- Prof. MUDr. Otakar Vondrovic – a doctor and piano virtuoso.



9.3 Cultural Life in Poděbrady

Castle cinema and The Castle Theatre

- At the King George Square (1st Castle courtyard).
- <http://www.divadlopodebrady.cz/> <http://www.kinopodebrady.cz/>
- Ticket sale in the Castle Café (1st castle courtyard) and in the Tourist Information Centre at the King George Square.
- Castle Café: +420 325 612 505.
- Tourist Information Centre: +420 325 511 946.



Ludvík Kuba Gallery

- The gallery is the part of the Central Spa complex close to the spa promenade and the spa park.
- Opened on Tuesday – Sunday 10 - 12am, 1 - 6pm.
- <https://www.lazne-podebrady.cz/galerie>

Polabské Museum – Poděbrady

- Located in a 5 minute walk from the Castle close to the church in the direction of the main road.
- On display there is The Story of the Labe (Elbe) Region; accomplished by short-term exhibitions.
- Open daily from 9am till 5pm (closed on Mondays).
- <http://www.polabskemuzeum.cz/>



Memorial of the King George of Poděbrady

- At the castle, 2nd courtyard.
- Open April 1 – October 31, Tuesday to Sunday from 9am till 5pm (closed on Mondays).
- Permanent display dedicated to the King George, first opened to the public in 1964.
- <http://www.polabskemuzeum.cz/uvod-podebrady/pamatnik>



Film Legends Museum

- Poděbrady, Jiřího náměstí 36.
- On display statues, figures and replicas from Hollywood films. You can take pictures with the famous heroes from the films as Batman, Avatar, Star Wars, or Indiana Jones.
- <http://filmlegendsmuzeum.cz/>



9.4 Entertainment in Poděbrady

Congress Centre Spa Promenade (Lázeňská kolonáda) – dancing evenings

- In the Libenský Hotel and in the Swiss restaurant on the Spa Promenade.

Music Charles Bar

- Located in the historical cellar of the Poděbrady castle.
- <http://charlesbar.cz/>

9.5 Sports in Poděbrady

Bowling Squash Relax

- In the historical building of the Sokol Poděbrady.
- Bowling, squash, table tennis, mini-football, infra-sauna, collagen solarium, solarium, sauna, billiard-pool, volleyball, foot tennis, floorball.
- <http://bsrpodebrady.cz/>

Sport Centre Linhart

- New sport area in the North-East part of Poděbrady, in the Žižkov quarter.
- Tennis courts, beach tennis, beach volleyball, bowling.
- <http://www.sportcentrumlinhart.cz/>

Golf Club Poděbrady

- Opened from 8am – 7.30pm.
- 18-hole course; the second oldest in the Czech Republic.
- One of the nicest forest and park courses from 1960s pleasantly located among the woods, meadows and forest lakes.
- The building of the club is unique as the first radio transmission in Czechoslovakia started from here.
- <http://www.golfpodebrady.cz/>

9.6 Cycling

One of the best and most frequented cyclo and in-line tracks is between Nymburk, Poděbrady, and Libice nad Cidlinou. This cyclo track is the part of the Elbe cycling network, which is marked from Špindlerův Mlýn till the country's borders. As it goes through flat landscape, it is not demanding and suitable for families with children.



9.7 Tips for cycling trips

On bikes to Slavníkovec stronghold

Poděbrady – Libice nad Cidlinou – Oseček – Kluk – Poděbrady

After 4 km from Poděbrady you will get to the confluence of the Labe (Elbe) and the Cidlina. From here go on as far as the village Libice nad Cidlinou.

Libice was the most flourishing in mid-10th century, when it became the seat of Slavníkovec House. The most important were the Prince palace and monumental for its time church. The competition between the Prince Houses for ruling Bohemia lead in 995 to burning and slaughtering Libice. At the fortress area you can see ground plans of the main constructions and the memorial of St. Adalbert and Radim. You can also visit the Memorial display in the local village hall, it covers the history of the region, namely the origins of the Slavonic settlement in the 6th century till the New Age. On display there are unique archaeological findings and the model of the Slavníkovec palace.

Leave the centre of Libice and cross the bridge. There are two options

- 1) Behind the bridge follow the red tourist marks, cross the motorway, follow as far as Libický forest. At the crossing of forest way follow the yellow marks as far as to the Oseček ferry.
- 2) Go along the road to Velký Osek, join the cycling route and in the village follow yellow marking on your right hand side through bottomland forest to the ferry.
- 3) You can have some small refreshment here and cross the Labe (Elbe) by ferry. Then follow yellow marking to the village of Oseček, in the end of the village turn to the right and go along the cart track (yellow marks) to the motorway. Follow along the road to the place where you can underpass it (you will have the motorway on your left hand side). Go through the so called pine grove to the village of Kluk and later to Poděbrady.

Cyclo-trip to Poděbrady mineral waters

Poděbradka mineral water was well-renowned that is why also in the surrounding villages new springs were drilled, these springs will be the goal of your cyclo-trip. Concerning the chemical content the mineral waters round Poděbrady are very similar, they differ only in the quantity of dissolved minerals and the carbon dioxide content.



Healing spring (Carl von Bülow spring) – Poděbrady

To find this spring go to the Poděbrady castle courtyard, where it was found. After drilling in the depth 96.7 m the water containing carbon dioxide gushed out in the summer 1905. The event is commemorated by a memorial plaque at the courtyard.



Saint Joseph spring – Kersko

The most remote spring can be found in Kersko, marking the unofficial centre of the village.

It was the Baron Josef Hyross who had St. Joseph spring drilled in 1934.

Mineral water, called by the locals Kerka, is not very strong mineral water, that is why it is more suitable for everyday drinking.

You may get to Kersko following the cycling route No 0019 on the left bank of the Labe (Elbe) river via Nymburk and the village of Hradištko. On the way you can see the mineral water factory by the village of Velké Zboží or impressive fortification of the town of Nymburk. Kersko is well-known thanks to the writer Bohumil Hrabal, the film Slavnosti sněženek (Snowdrop Festival) based on his book, was recorded here.

Sadka spring – Sadská

Next spring is less than 8 km far from Kersko in the direction to Poděbrady. This spring is special as its mineral water can be used only for 2 hours a day, from 8:30am till 9:30am and from 3pm to 4pm. You may be surprised to see there a kind of warning as the water is slightly radioactive and the recommended amount daily is 0.3 litre for adults and 0.2 litre for children. But don't worry too much, the local people drink it without any worries.

Výrovka spring – Kostelní Lhota

To find next spring we must go 4 km into the neighbouring village Kostelní Lhota. Behind the church turn left and the cyclo track No 0124 will bring you to a nice forest way. After one kilometre you will get to the bridge across the Výrovka creek with a newly built summerhouse. Next to it there is the spring. Its water is carbonite mineral water with the content and taste very similar to St. Josef spring from Kersko.

Recommended ring track

Poděbrady – Kovanice (No. 0019) – Nymburk (No. 0019) – Hradištko (No. 0019) – Kersko (not marked) – Sadská (not marked) – Kostelní Lhota (not marked) – Hořátev (No. 0124) – Kovanice – (No. 0124) – Poděbrady (No. 0019). Totally 45 km.

9.8 Swimming in Poděbrady and surroundings



Local lake „Jezero“ – Poděbrady

- Opened from May 15 till the end of September.
- Opening time 8am – 8pm.
- Sandy beaches after a former sand mining.
- Entrance fee – adults 50 CZK; children and seniors 30 CZK, family entrance fee 120 CZK.
- 15 minute walk from the Castle Guest House – <https://koupalistejezero.cz/>



Outdoor swimming pool – Chlumec nad Cidlinou

- Newly reconstructed pool from 2010.
- 30 km from Poděbrady.
- Opened from June 1 till September 6.
- Swimming pool, paddling pool, double toboggan water slide.
- 2 fields for beach volleyball, bowling, ninepins.
- Entrance fee – adults 50 CZK, retired people, students and children under 15 – 30 CZK; children tall under 110 cm free.

Water World – Kolín

- 20 km from Poděbrady, opening time 10am – 9pm.
- Indoor swimming pool, fitness centre, wellness centre, outdoor swimming pool.
- <https://www.vodnisvetkolin.cz/>

Aquapark Kutná Hora

- Indoor and outdoor swimming pools.
- Kneipp pathway, cooling bucket and shower.
- Massages and fitness.
- <http://www.tjsparta-kh.cz/clanky/plovarna.html>

9.9 Excursions in Poděbrady and surroundings

King George boat

- Regular cruises.
- Boarding on the Castle Riverbank.
- Cruises: Poděbrady – Cidlina – Poděbrady; Poděbrady – Nymburk – Poděbrady.
- All the year round.
- Detailed information tel. +420 603 886 582 or <http://www.kraljiri.cz/>



Tourist engine Poděbrady

- Run from April – September every hour from the lock.
- Excursion along the river and in the local forest parks.
- Detailed information tel. +420 602 403 029 or <http://www.vyhlikovyvlacek-podebrady.cz/>



Kutná Hora

- Listed on the UNESCO World Heritage List.
- St. Barbora Church.
- Assumption of Our Lady and Saint John the Baptist Church.
- Ossuary.
- <http://www.kutnahora.cz/>

Bobsled, Kutná Hora

- The longest track in the Czech Republic, zorbing, four-wheeler for children, rodeo bull.
- Jumping castle for children, climbing wall, trampolines.
- <http://www.bobovadrahakutnahora.cz/>

Mirakulum Milovice

Contact style forest ZOO, forest playfield in the tree tops.

- Giant trampolines, swings, monkey bars, rope centre, underground corridors.
- Narrow-gauge steam rail to the neighbouring tank training area.
- Water world and oasis with water plays.
- Ride in army personnel carriers.
- Wide choice of refreshment, 1000 free parking places.
- <https://www.mirakulum.cz/>

Fajnpark Chlumec nad Cidlinou

- Water cannons, ZOO-cars, ufo-cars, mini-cars, dino virgin forest.
- Bosov – bare-foot path, Zvířátkov – mini safari.
- Beach sports (beach volleyball, football, bubble football).
- Mini city, jumping cushion, trampolines, jumping balls, bungee jumping.
- <http://www.fajnpark.cz/>

National Stud Farm Kladruby nad Labem

- Breeding farm of white horses from the Czech Old Kladruby breed.
- <http://www.nhkladruby.cz/>

Moto & Velo Museum Přerov nad Labem, Central Bohemia

- Exhibition of more than 70 bikes and 60 motorbikes of Czech and foreign marks with many unique models (Laurin & Klement, ČZ, JAWA, NSU, DKW, Harley-Davidson, Indian).
- <http://www.motovelomuzeum.cz/>

Radim Castle

- Summer guided tour: Life in the Castle or Life of the Renaissance Nobleman.
- Winter guided tour: Kitchen, servants and custodians.
- Children fairy-tale tour – costumes included in the entrance fee, opened in summer, in winter only after the previous telephone booking.
- Newly EXTRA guided tour.
- 15 km from Poděbrady.
- More information on the tel. +420 603 833 981 or <http://zamek-radim.cz/>

Celtic Museum Dobšice

- Functioning facility for grinding.
- Children playground in the oppidum style.
- <http://www.obec-dobsice.cz/muzeum-keltu/ms-1041/p1=1041>

Open-air Museum Přerov nad Labem

- 4th oldest open-air museum in Europe.
- 2 buildings and many houses to be visited, seasonal displays.

- Entrance fee: Adults 100 CZK; seniors over 65, students and children under 15 years old 50 CZK, family entrance fee 270 CZK.
- Opening time from March 21 till October 31, from 9am till 5pm (closed on Mondays).
- <http://www.polabskemuzeum.cz/prerov-nad-labem/vystavy>

Loučeň Castle

- Romantic castle with a large park, mazes and other sights.
- Evening and night tours, tours for children, castle parties, mysterious tours with the White Lady, Choco tours, Beer fests.
- 20 km from Poděbrady.
- Opened all the year round daily.
- More information tel. +420 325 585 228, +420 727 900 616 or <https://www.zamekloucen.cz/>

ZOO Chleby

- Many exotic kinds of animals.
- First private ZOO in the Czech Republic 12 km from Poděbrady.
- Open Monday till Sunday 8am – 6pm.
- <http://www.zoochleby.cz/>

Beet-growing rail Kolín

- History and present display of narrow-gauge rails 20 km far from Poděbrady.
- Theme exhibitions.
- Rides in narrow-gauge vehicles.
- Opened every Saturday and Sunday, booking tel. +420 602 655 208 or <https://reparskadrazka.cz/>

Hrádek u Nechanic Castle

- Summer seat of the Harrach House 55 km far from Poděbrady.
- Guided tours.
- More information tel. +420 495 441 244 or <https://www.zamek-hradekunechanic.cz/en>

Prachovské skály (Rocks)

- Sandstone rock formations known also as the Bohemian Paradise 50 km from Poděbrady.
- Walking tours – <https://www.prachovskeskaly.com/en/>



Botanicus Ostrá

- Historical centre of arts and crafts, historical stylish festivals 20 km far from Poděbrady.
- <http://www.botanicus.cz/en/>

Baroque Castle of Dětenice



- Baroque castle, Medieval pub, castle brewery, stables 30 km far from Poděbrady
- Opened daily from July till August.
- On Mondays children are free, every Saturday spooky tours, on Sundays fairy-tale tours.
- Medieval pub opened daily from 11am till midnight.
- <https://www.detenice.cz/en/> or <https://www.krcmadetenice.cz/en/>

Rumcajs Shoe-maker Jičín

- 40 km from Poděbrady.
- Opened April – September from 10am to 6pm.
- <https://rumcajsovasevcovna.cz/>





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